New Year's Resolutions to Reduce Air Pollution

A new year and a new decade is beginning, which means it is time to set (and stick to)

New Year's Resolutions! This year, we encourage you to add a few simple ways you can
help reduce air pollution to your list.



 Refrain from Burning Wood – Wood burning contributes to air pollution and is considered the other secondhand smoke.
 Improve your health and reduce PM2.5 emissions by switching to more eco-friendly methods of heating your home.



• Take Public Transportation – More people on the bus, train and Metro means less cars on the road.



 Carpool – Build some camaraderie with your coworkers and take turns driving to work.



 Walk or Ride a Bike – Try walking or riding a bike instead of relying on your vehicle, particularly for short trips.



Turn Off Your Lights, Electric Appliances and Devices – If you aren't using it, turn it off! Using a surge protector for lamps, appliances and devices can make turning them off much easier.
 You may also save a few dollars on your electric bill.



Avoid Idling in Your Vehicle – If your car isn't going anywhere, save energy and gas by turning it off.



Switch to a More Efficient Vehicle – Automakers are continuing to release new electric, zero and near-zero emission vehicles for all types of budgets. You could be eligible to receive up to \$9,500 with South Coast AQMD's Replace Your Ride Program. More information is available at www.replaceyourride.com.